

SEXUAL VIOLENCE REPORT

Year 2020

Sexual Violence Report 2020

NARRATIVE

The mission of Asnuntuck Community College is to offer quality education in an accessible, affordable, and nurturing environment. The College fulfills its mission by: offering associate degree and certificate programs for transfer opportunities, career preparation and enhancement, and lifelong learning; providing individualized support services to develop critical thinking skills, strengthen self-confidence, and foster personal growth; and supporting community and workforce development with business, industry, and community partnerships.

Asnuntuck Community College was established in 1969 by an act of the Connecticut state legislature as the twelfth institution in the Connecticut state community college system. Classes began in 1972 with an initial enrollment of 251. 12 Associate in Science degrees and 20 Associate of Art degrees were awarded to the first graduating class in 1974. The college operated under provisional approval until it was first accredited by the New England Association of Schools and Colleges in 1977 and accreditation has been reaffirmed through 2020.

At Asnuntuck, we consider Sexual Misconduct a serious issue that affects college students, impeding their ability to participate fully in their studies. We are committed to having an informed campus that understands reporting responsibilities and is aware of available campus resources critical to creating a culture of caring and compassion in support of our students and community.

This report includes statistics about incidents reported during the year 2020; it also includes programs and campaigns offered during the same year.

Due to the COVID-19 pandemic and subsequent shift to a remote environment from March 2020 through the fall 2020 semester, there was only one event (sexual harassment) disclosed to the Title IX Coordinator and Dean of Students. This event took place via correspondence and outreach from the respondent through social media and there was not direct personal contact. All the parties involved where interviewed by the Dean of Students and Title IX Coordinator and ultimately led to an investigation that resulted in a "no contact order."

Unfortunately, the pandemic also impacted the number of events prevention and awareness activities we were able to roll out for the spring and fall semesters, but we were still able to update our resources online and rolled out some virtual events that connected our students to important information.

POLICIES

- BOR/CSCU Sexual Misconduct Reporting, Support Services and Processes Policy
- BOR/CSCU Policy on Consensual Relationships
- BOR/CSCU Policy Regarding Reporting Suspected Abuse or Neglect of a Child
- BOR/CSCU Student Code of Conduct

WRITTEN NOTIFICATION

Those who report any type of sexual misconduct, including sexual harassment, sexual assault, stalking, and intimate partner violence, to a College employee will be informed in a timely manner of all their rights and options, including the necessary steps and potential outcomes of each option. When choosing a reporting resource, the following information should be considered:

- All reports of sexual misconduct, including sexual harassment, sexual assault and intimate, stalking, and partner violence, will be treated seriously and with dignity by the College.
- Referrals to off-campus counseling and medical services are available immediately and confidentially, whether or not those who report an assault feel ready to make any decisions about reporting the assault to police, the Dean of Students or the College's Title IX Coordinator.
- Those who have been assaulted have the right to take both legal action (criminal/civil action) and action in accordance with the <u>Student Code of Conduct</u> and Policy Against Harassment against the individual allegedly responsible.
- Those who may wish that her/his report of an assault to be handled in a confidential manner may contact the Sexual Assault Crisis Services of Connecticut or The Network Against Domestic Abuse both of whom are bound by state statutes and professional ethics to maintain confidentiality without written releases.

Options for Changing Academic Housing, Transportation and Working Arrangements

Asnuntuck Community College will provide assistance to those involved in a report of sexual harassment, sexual assault or intimate partner violence, including but not limited to, reasonably available options for changing academic, campus transportation or working situations as well as honoring lawful protective or temporary restraining orders.

Additional information Title IX at ACC

Prevention and Awareness Activities 2020

SPRING 2020

- January 29 from 11:30 a.m. 1:00 p.m. The Network and YWCA tabling in Tower Lobby
- February 11 TED Talk Tuesday: "I've lived as a man and a woman. Here's what I learned" in Strom Conference Room
- February 12 from 11:30 a.m. 1:00 p.m. Tabling and Interactive activities YWCA and The Network in the Tower Lobby
- April 14 TED Talk Tuesday: "New rules for consent in the post #MeToo era" (Cancelled)

April Sexual Assault Awareness Month

- April 1st CRT Meeting/Training 2:00-3:00 p.m. topic: Sexual Violence and Intersectionality.
 Coordinated with Colleen Kearney and YWCA (Cancelled)
- April 6 launching "The Red Flag Campaign" Up for the rest of the month (Postponed 2021)
- April 29-Denim Day, virtual activity. Students, faculty, and staff sent photos to be published in social media and College's website
- Asnuntuck Against Violence Week April 13-17 (Red Flag Campaign events/ Say Something/Inperson events cancelled due to Covid-19)
 - o April 13 TBD (activity with Faculty members) /RED Flag campaign- materials in CASA
 - April 14 TED Talk Tuesday "New Rules for Consent in the Post #MeToo era" 14 min, video shown on a loop 11:30-1:00 p.m. Strom Conference Room. Free Pizza, YWCA leading discussion. (Cancelled)
 - o April 15 Workshop "Set up Your Boundaries" 11:30-1:00 p.m.
 - April 16 Interactive Tabling on the theme of consent 5:00-6:30 p.m. (Cancelled)
- April 29 at 6:00 p.m.-8:00 p.m. Our Voices or Community Event (Cancelled)

FALL 2020

- August 13 Completed new Title IX Implementation materials posted on ACC Title IX webpage
- October 5 Not Anymore launched -Initial training for new students, refresher for continuing students.
- October 14 Stay Safe at Home. Virtual event facilitated by The Network and YWCA.
- October 15 *Purple bags* distribution on campus. One hundred and seventy purple bags with masks, lip balms, hand sanitizer and domestic awareness violence materials were distributed in Manufacturing and student taking First Year Experience with instructor Michaela Mullarkey.
- October 22 Purple Thursday Event. Photos published on ACC website and social media



Stop by the
Strom Conference Room
anytime between
11:30AM and 1:30PM
on
TED Talk Tuesdays!



Join us for <u>free</u> lunch, conversation, and a thought-provoking TED Talk!

Videos range from
12 to 18 minutes in length and will be shown on loop during the 2-hour block.

Sponsored by The Diversity Committee

February 11

I've lived as a man and a woman. Here's what I learned

If you're a man, at one point or another you've probably thought to yourself, "I will never understand women!" And if you're a woman, "What's wrong with men?!" But your gender is all you've ever known, so how could you understand? As a transgender woman, Paula Stone Williams has lived on both sides, "And the differences are massive!" - she says. In this funny and insightful talk, Paula shares her wisdom for all. Reverend Dr. Paula Stone Williams is the president of RLT Pathways, Inc., a nonprofit providing counseling and coaching services. She works with the Center for Progressive Renewal, serves on the board of the Gay Christian Network, and is an active member at Highlands Church in Denver. She is an avid runner and mountain biker with three children and five granddaughters.

March 10

The beauty of being a misfit

To those who feel like they don't belong, there is beauty in being a misfit. Author Lidia Yuknavitch shares her own wayward journey in an intimate recollection of patchwork stories about loss, shame and the slow process of self-acceptance. "Even at the moment of your failure, you are beautiful," she says. "You don't know it yet, but you have the ability to reinvent yourself endlessly. That's your beauty."

March 31

Why I'm done trying to be "man enough"

enough."

Justin Baldoni wants to start a dialogue with men about redefining masculinity — to figure out ways to be not just good men but good humans. In a warm, personal talk, he shares his effort to reconcile who he is with who the world tells him a man should be. And he has a challenge for men: "See if you can use the same qualities that you feel make you a man to go deeper," Baldoni says. "Your strength, your bravery, your toughness: Are you brave enough to be vulnerable? Are you strong enough to be sensitive? Are you confident enough to listen to the women in your life?"

April 14

New rules for consent in the post #MeToo era

In this powerful talk about the new rules for consent, poet, actor, and confessed "hugger," Tamora israel explores the new rules of engagement in the post #MeToo era and how to navigate personal boundaries with respect. What counts as a breach of consent? You might be surprised. Tamora Israel, a poet and actor and a "confessed hugger" tackles the meaning of consent in the post-#MeToo era and discusses the new rules of engagement, boundaries and respect.





Stay Safe: Dating in the Times of Covid-19

- Has the pandemic changed the dynamics of your relationship?
 - Do you know someone who is feeling vulnerable at home?

Join us for an open conversation about keeping a healthy relationship during the times of Covid-19.

Share your experience and get tips from the experts on dating, communication skills, and how to help family and friends.

Hosted by Annalisa-<u>The Network</u>, and Amanda-<u>YWCA</u>
This event is open to all students. Join by clicking the link below on
October 14 from 2:00 p.m.-3:00 p.m.



Questions? Email Annalisa annalisa@thenetworkct.org or Yhara yzelinka@asnuntuck.edu



Call our 24/7 hotline at (860)763-4542 to talk to someone.



Purple Bags Distributed to 170 students in First Year Experience and Manufacturing on-ground classes Fall 2020





PURPLE THURSDAY 10.22.20



On THURSDAY, OCTOBER 22ND, join the national movement...



WEAR PURPLE! A simple, yet meaningful way to raise awareness about DOMESTIC VIOLENCE.



SNAP A SELFIE! Or take a group shot of you & your friends/family/co-workers all wearing purple.



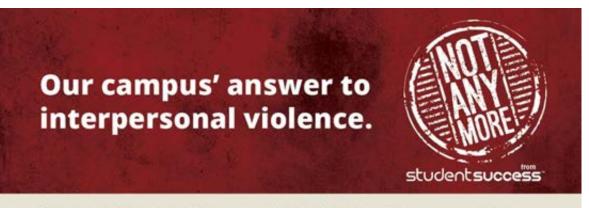
Post it with #PURPLETHURSDAY and tag CCADV!

FB - @CTCoalitionAgainstDomesticViolence Twitter & Instagram - @CTCADV

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

Purple Domestic Violence Awareness Ties available for purchase at www.ctcadv.org \$75 each Vineyard Vines*, 100% imported silk





You're being asked to complete **Not Anymore** — an online program designed to help you deal with the issues of **sexual** assault, sexual harassment, dating violence, stalking, bullying, and alcohol and drug abuse.

Not Anymore uses peer presenters, survivor testimonials, video-based scenarios, bystander testimonials and more, to cover crucial topics like consent, healthy and unhealthy relationships, what to do in the event violence occurs, and more.



You'll also learn how to identify potentially dangerous situations as well as how to intervene to put a stop to them.

Not Anymore gives you the knowledge and power to make your campus safer — for you, and for the people you care about.





A Guide for Faculty & Staff: Sexual Misconduct & Interpersonal Violence

Asnuntuck is committed to maintaining a safe environment for all students and employees. All faculty and staff are considered "responsible employees" and are mandated reporters under Board Policy. Faculty and staff must share any disclosed or reported* instance of sexual misconduct or interpersonal violence to the Title IX Coordinator.

*A disclosure is a communication of an incident of sexual violence not accompanied with a request for an investigation or adjudication, although there may be a request for accommodations and referral to services. A report is a disclosure accompanied by an immediate request for an investigation and adjudication.

What do I do if someone discloses or reports...

Sexual Harassment, Sexual Assault, Stalking, Intimate Partner Violence,

Domestic Violence, or Dating/Relationship Violence?

Take 3 Steps:

- 1) SHOW CONCERN:
 - Ask if the person is safe
 - Listen and provide non-judgmental concern and support
- 2) SHARE RESOURCES:
 - Resources are available on the website: <u>Faculty Resources</u>
- 3) SEND FORM (on reverse side) to the Title IX Coordinator:
 - Explain you are a mandated reporter, meaning that you must share the disclosure or report to the Title IX Coordinator (using the form on the reverse side)
 - Further action will be taken at the person's request or if the safety of the person or others is at risk
 - Fill out the Title IX Reporting Form (on reverse side) and send to the Title IX Coordinator (see below)
 - Contact the Title IX Coordinator with any questions:
 Yhara Zelinka Title IX Coordinator 860.253.3092 yzelinka@asnuntuck.edu

Sexual Misconduct Definitions

Sexual Harassment: can include any unwelcomed sexual advance or request for sexual favors, or any conduct of a sexual nature when submission to such conduct is made either explicitly or implicitly a term or condition of an individual's education; submission to or rejection of such conduct by an individual is used as a basis for academic decisions affecting the individual; or such conduct has the purpose or effect of substantially interfering with an individual's academic performance or creating an intimidating, hostile or offensive educational environment.

Sexual Assault: is compelling by force, or the threat of force, the following: 1) sexual penetration of the vagina or anus, including by finger or an object; 2) oral sex; 3) contact with a person's genital area, groin, anus, inner thighs, buttocks, or breasts for the purpose of sexual gratification of the actor or for the purpose of degrading or humiliating the victim; 4) subjecting another to such sexual contact without consent.

Stalking: is defined as any behaviors or activities occurring on more than one (1) occasion that collectively instill fear in the victim and/or threaten her/his safety, mental health and/or physical health. Such behaviors or activities may include, but are not limited to, whether on or off campus, non-consensual communications (face to face, telephone, e-mail, etc.), threatening or obscene gestures, surveillance or being present outside the victim's classroom or workplace.

Interpersonal Violence Definitions

Intimate Partner Violence: is any physical or sexual harm against an individual by a current or former spouse or by a partner in a dating relationship that results from 1) sexual assault; 2) sexual assault in a spousal or cohabiting relationship

Domestic Violence is an act between family or household members that includes but is not limited to:

- Physical abuse, which can include but is not limited to, slapping, pulling hair or punching.
- Threat of abuse, which can include but is not limited to, threatening to hit, harm or use a weapon on another (whether victim or acquaintance, friend or family member of the victim) or other forms of verbal threat.
- Emotional abuse, which can include but is not limited to, damage to one's property, driving recklessly to scare someone, name calling, threatening to hurt one's family members or pets and humiliating another person.

Dating/Relationship Violence: Occurs when one intimate or romantic partner tries to maintain power and control over the other through words and actions that are physically or emotionally abusive. Dating Violence can take many forms including physical violence, coercion, threats, intimidation, isolation, and emotional, sexual or economic abuse.



Notification for Reporting Sexual Assault, Stalking, or Intimate Partner Violence Disclosure

From Faculty/Staff Member	Department		E-mail:
Student:	ID		E-mail:
Complainant Name of Student or Employee		DOB or ID#	
Gender: Age: P	Phone:	E-Mail:	
(Identity will not be shared excep	pt in very limited circumstances	s)	
Respondent Name of Student or Employee			
Gender: Age: P	Phone:	E-Mail:	
(Identity will not be shared except	pt in very limited circumstances	s)	
Expectation of Student/Emp	oloyee:		
☐ Disclosure only: Share inform	nation without a request for inv	estigation and res	olution.
☐ Filing a Report: Investigation a Date of Report/Disclosure		d and must be cor	npleted within 60 days.
General category of report/discle	osure:		
□Stalking □Ir	Sexual Assault ntimate Partner Violence Dating Violence		
Resource materials provided			
	exual Misconduct & Interperso	nal Violence	
Sexual Assault Resource			
□Otner			
Please deliver,	marked confidential via e-	mail or hand d	elivered to:

Yhara Zelinka Title IX Coordinator-Room 111 (860) 253-3092, <u>vzelinka@asnuntuck.edu</u>



A Guide for Students: Sexual Misconduct & Interpersonal Violence

Asnuntuck Community College is committed to maintaining a safe and healthy campus climate for all students. Reporting any act of sexual misconduct and interpersonal violence is strongly encouraged. All disclosures or reports of sexual misconduct, including sexual harassment, sexual assault and intimate partner violence, will be treated seriously and with dignity by the College. The College can provide those who disclose or report sexual misconduct or interpersonal violence with many supportive options, including referrals to agencies that provide medical attention, counseling, legal services, advocacy, referrals and general information regarding sexual misconduct and interpersonal violence.

What do I do if I have experienced...?

Sexual Harassment, Sexual Assault, Stalking, Intimate Partner Violence,
Domestic Violence, or Dating Violence? (Detailed Definitions are on the reverse)

YOU HAVE THE RIGHT TO:

→ Choose whether or not to DISCLOSE or REPORT sexual misconduct or interpersonal violence.

<u>Disclosure</u>: When you tell someone that you experienced sexual misconduct or interpersonal violence, but not necessarily for the purposes of officially reporting the incident to the college or to pursue disciplinary action. It's okay to tell someone because you need someone to talk to or need help finding resources and services.

<u>Report</u>: When you tell someone because you want the college to be aware of the act of sexual misconduct or interpersonal violence or you want to initiate a formal complaint and/or start a grievance or disciplinary process.

WAYS TO SEEK HELP:

- → Preserve any evidence and seek medical attention:
 - If you have experienced any form of interpersonal violence or sexual assault, it is important to preserve
 any evidence and seek medical attention. Call 911 for ambulance services.
 - Campus Security: (860) 253.3012 / Enfield Police Department: (860) 763-6400
- → DISCLOSURE Seek Advice & Support:
 - You have a choice to DISCLOSE CONFIDENTIALLY to the resources listed below.

Confidential Support & Resources:

- CT Alliance To End Sexual Violence 1-888-999-5545 English 1-888-568-8332 Español
- CT Coalition Against Domestic Violence (CCADV) Call 888-774-2900 for help or to talk to someone. Para hablar o recibir ayuda, llama al 844-831-9200
- The Network Against Domestic Abuse Hotline (860) 763-4542.
- YWCA/Sexual Assault Crisis Service. Campus Advocate Amanda Carrington 860-215-8180.
- Religious Leader or Mental Health Provider

If you choose to DISCLOSE to an ASNUNTUCK FACULTY or STAFF member, know that all faculty and staff are MANDATED REPORTERS. This means that any disclosed instance of sexual misconduct or interpersonal violence must be submitted to the Title IX Coordinator(s). Disclosures will only be maintained as numerical data for campus security (Clery Act, etc.) Further action will only be taken at the student's request or if the safety of the student or others is at risk.

→ REPORT - File a REPORT on campus with the following individuals:

- Campus Security: (860) 253-3012 or (860) 253-3013
- Title IX Coordinator: Yhara Zelinka 860.253.3092 <u>yzelinka@asnuntuck.edu</u>
- Interim Dean of Students: Timothy St. James 860.253.3011 <u>TStJames@asnuntuck.edu</u>

Know Your Rights & Options

You have the right to...

- Take both Legal Action (criminal/civil action) and Disciplinary Action in accordance with the Student Code of Conduct and Policy Against Harassment against the individual allegedly responsible.
- Request a change in Academic, Transportation and Working Arrangements: Assuntuck Community College
 will provide assistance to those involved in a report of sexual harassment, sexual assault or intimate partner
 violence, including but not limited to, reasonably available options for changing academic, campus
 transportation or working situations as well as honoring lawful protective or temporary restraining orders.
- Notify Law Enforcement & Seek Protective and Other Orders
 Those who report being subjected to sexual misconduct, including harassment, sexual assault or intimate partner violence, shall be provided written information about her/his right to:
 - (1) notify law enforcement and receive assistance from campus authorities in making the notification; and, (2) obtain a protective order, apply for a temporary restraining order or seek enforcement of an existing order. Such orders include: standing criminal protective orders, protective orders issued in cases of stalking, harassment, sexual assault, or risk of injury to or impairing the morals of a child, temporary restraining orders or protective orders prohibiting the harassment of a witness, relief from physical abuse by a family or household member or person in a dating relationship, and family violence protective orders.

Both the reported victim and the accused student are entitled to the following...

- to be accompanied to any meeting or proceeding by an advisor or support person of their choice, provided that the advisor or support person does not cause a scheduled meeting to be delayed or postponed;
- · to request that student conduct proceedings begin promptly;
- to have student conduct proceedings be conducted by an official trained in issues relating to sexual assault and intimate partner violence;
- to present information, including other persons, on their behalf;
- to have the student conduct proceedings use the more likely than not standard in determining whether a
 violation of the Expectations for Student Conduct has been committed, i. e., whether it is more likely than not
 that the reported act of sexual misconduct, including sexual harassment, sexual assault or intimate partner
 violence, was committed by the accused student;
- to be informed in writing of the results of the proceeding as soon as possible after it concludes, normally no
 later than the next business day after it concludes; and consistent with the requirements of the Family
 Educational Rights and Privacy Act (FERPA) and other federal and State laws, have their identities kept
 confidential.

Sexual Misconduct Definitions

Sexual Harassment: can include any unwelcomed sexual advance or request for sexual favors, or any conduct of a sexual nature when submission to such conduct is made either explicitly or implicitly a term or condition of an individual's education; submission to or rejection of such conduct by an individual is used as a basis for academic decisions affecting the individual; or such conduct has the purpose or effect of substantially interfering with an individual's academic performance or creating an intimidating, hostile or offensive educational environment.

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What to Do When a Student Reports Sexual Violence, Relationship Violence, and Stalking

1. LISTEN

Listen without judgment and offer your support. "I'm sorry that this happened. I appreciated your telling me and would like to help. Is there anything I can do that would be most helpful to you right now?"

Inform the student early in your conversation that while your conversation will be private, it will not be confidential, given your status as a Responsible Employee. Explain that the College takes these matters very seriously and after your conversation, you will be calling the Title IX Coordinator who can help provide and further assistance if required.

Ask about their Safety.

Do not ask questions or try to make a judgement about the incidents. You are not the investigator.

2. PROVIDE

Ensure the student's safety and wellbeing by providing the student with resources on and off campus, as well as their reporting options.

Inform of the importance persevering any evidence and seek medical attention:

If you have experienced any form of interpersonal violence or sexual assault, it is important to preserve any evidence and seek medical attention. Call 911 for ambulance services.

Campus Security: (860) 253-3012 Enfield Police Department: (860) 763-6400

Provide a copy of the "Guide for Students Misconduct & Interpersonal Violence"

3. ALERT

To continue to ensure the student's safety, you are required to report the disclosure to ACC's Title IX Coordinator for Student Sexual Misconduct:

Yhara Zelinka 860.253.3092 yzelinka@asnuntuck.edu

Title IX requires you to provide all the information you were given about the incident, including identifying information of any students involved. If the student has requested confidentiality, you may include that in your report.



Confidential Support & Resources:

CT Alliance to End Sexual Violence

1-888-999-5545 English 1-888-568-8332 Español

<u>CT Coalition Against Domestic Violence</u> (CCADV) Call 888-774-2900 for help or to talk to someone. Para hablar o recibir ayuda, llama al 844-831-9200

The Network Against Domestic Abuse

24 hotline 860-763-4542

Campus Advocate: Amanda Carrington 860-215-8180 acarrington@ywcanewbritain.org

6

6 STEPS to Reducing Sexual Violence

1

Be an active bystander. Bystander intervention is a prevention model based on evidence that community norms play a significant role in perpetrating violence, especially on college campuses. Bystander intervention programs teach students, faculty, and staff how to recognize risky or suspicious behavior and directly or indirectly intervene to protect someone. To learn more about bystander intervention and our collective responsibility to keep everyone in the campus community safe, visit ItsOnUs.org.

7

Speak out. Everyday comments and actions contribute to the campus culture. If you see or hear things that perpetuate a culture of sexual violence, like sexist statements, jokes about sexual violence, or other types of disparaging remarks, speak up and explain why this is NOT ok. These comments may make members of the community feel unsafe and/or unwelcome and work against creating a Culture of Respect.

3

Know the sexual misconduct policy. A school's sexual misconduct policy should be a valuable resource in explaining, among other things: what constitutes sexual misconduct on campus; the school's reporting and investigative processes; and resources and accommodations available to survivors. The policy should be easily accessible on the school's website and if it's not, let administrators know.

45

Understand the available resources. Explore the types of support, resources, and accommodations that are available to survivors, both on and off campus. Learn who on campus can hear information confidentially and who is a mandatory reporter.

Become an activist. Student activism is a crucial component in the effort to curtail sexual violence and create a Culture of Respect. Visit CultureofRespect.org/activism-tools/ to find ways to mobilize and engage your campus.

Create a Culture of Respect. We believe every institution should foster a Culture of Respect and provide support in a variety of ways to make this a reality. Contact us directly, or encourage your administrators, faculty, and staff to learn how we can support your campus in creating a Culture of Respect.

Ending sexual violence on college campuses

♦ NASPA

CultureofRespect.org

Student Affairs Administrators in Higher Education

Culture of Respect is dedicated to strengthening sexual assault prevention and response on college campuses. For more information, visit CultureofRespect.org or contact Allison Tombros Korman, senior director, Culture of Respect at akorman@naspa.org.



SUPPORTING a Survivor of Sexual Violence



Do

listen to and believe your friend. Be mindful of your tone—if you sound doubtful or disbelieving, they may feel unsupported and be less likely to seek help from other sources.

Do

validate your friend's feelings about the assault. Tell them what happened was not their fault, and that they did not deserve it. If your friend is blaming themselves, remind them that the only person responsible for the assault was the person who hurt them.

Do

help your friend find resources in case they want to report the assault or press charges. These may include the University's sexual misconduct policy, legal protections offered through Title IX and the Clery Act, or accommodations through the Dean of Students Office. Most schools have at least one confidential resource for survivors, such as a counselor, advocate, or faith leader. Community rape crisis centers are also a great resource and may offer free medical services including forensic exams, STI prophylaxis and Plan B.

Do

ask if your friend needs somewhere to stay. Offer to share your room or couch if it is feasible. If your friend lives close to the perpetrator, such as in the same residence hall or apartment building, help them find another short-term place to stay. Walk them to their room and help them pack necessary items, like clean clothes and a toothbrush, if they are going to be staying somewhere else.

Do

continue to support and care about your friend. Engage them in activities they find enjoyable. Make small gestures—cooking dinner together, picking up a favorite dessert or snack, or sending funny articles—that let them know you are thinking of them. If your friend is upset, taking a couple of hours to spend time with them can make a big difference.

Do

encourage your friend to be patient with themselves. Processing a trauma can take time, and expecting a friend to move past it quickly ignores the level of trauma that sexual violence causes.

Do

remind them they aren't alone. Remind your friend that they are intelligent, strong, and have people in their corner who love and support them. This may seem obvious, but reminding your friend may help them address feelings of self-blame.

Do

warn your friend in advance. If you suspect or know that the perpetrator will be in the same room or building as your friend, let them know, and help them create a plan to address the situation.

Do

understand your own limits. As much as you want to be there for your friend, licensed psychologists, counselors, and psychiatrists have the training to offer long-term support. Take care of yourself and your own mental health, and encourage your friend to see a counselor.

Do

call the National Sexual Assault Telephone Hotline at 800.656.HOPE (4673). A trained medical professional can help your friend navigate the support, policy, and care that is most effective in responding to sexual violence.

Don't

SUPPORTING a Survivor of Sexual Violence

Do Not

ask for details about what happened. Never ask what your friend was wearing, things they believe they did to encourage or discourage the assault, or how much alcohol/substances were used. Don't make assumptions about the perpetrator's gender or expect your friend to behave a certain way—people react to trauma differently and there is no "right" or "wrong" way to behave after experiencing sexual violence.

Do Not

ask whether it was "violent." All acts of sexual assault are violent, regardless of how they look from the outside. Asking this question can invalidate the trauma that your friend experienced and make them feel unsupported.

Do Not

minimize what happened to your friend. Saying things like "Well, they didn't hold you down, right?" make it seem as if your friend did not survive a vicious crime (see previous point).

Do Not

force your friend to report the assault. Nor should you force them to go to the hospital. It is important for your friend to regain a sense of self-control—offering options and respecting their decision can help them regain a sense of control over their life.

Do Not

tell other people without the permission of your friend. Your friend may want and need privacy at this time, and having their name thrown into a rumor mill can cause more anxiety and trauma. If in doubt, you can always ask—"Is it okay if I talk to my mom about this?" or "Do you want to also tell X and Y friend? I think they would want to support you through this too."

Do Not

set a timeline for when they should be "over it." Sexual violence is traumatizing, and everyone handles it differently. It can take years for someone to process the violation that happened to them and their body, and PTSD can be a life-long disorder. Saying "You have to stop acting like this" or "Don't you think that's enough?" can be very damaging to someone struggling to fully recover from a traumatic event.

Do Not

let your anger about what happened to your friend get the best of you. You may want to physically harm the perpetrator, but you can protect your friend and other members of your campus in other ways. Channel your anger creatively—use it to help your friend get justice through legal channels or to educate your peers and help create a campus environment that is supportive of survivors and intolerant of sexual violence.

Do Not

walk on eggshells around your friend. You need to be sensitive, but your friend may want more than anything to feel a sense of normalcy and routine. Being yourself may help your friend feel more like themselves

Ending sexual violence on college campuses



CultureofRespect.org

Student Affairs Administrators in Higher Education

Culture of Respect is dedicated to strengthening sexual assault prevention and response on college campuses. For more information, visit CultureofRespect.org or contact Allison Tombros Korman, senior director, Culture of Respect at akorman@nasoa.org.



SEXUAL VIOLENCE REPORTABLE STATISTICS AND DATA

CSCU INSTITUTION: Asnuntuck Community College

REPORTING OFFICE/DEPARTMENT: Dean of Students Office

INSTITUTION CONTACT: Timothy St. James

YEAR: 2020

	Incidents of Sexual Assault, Stalking and IPV Reported to CSCU in 2020								
Type of Incident	Number of Incidents Reported	Incident Reported to Have Occurred in 2020	Respondent Identified as Connected to CSCU Institution	Confidential or Anonymous Reports					
Sexual Assault	0	0	0	0	0				
Stalking	0	0	0	0	0				
Intimate Partner Violence (IPV)	0	0	0	0	0				

	Disciplinary Cases Resulting from Investigations of Sexual Assault, Stalking and Intimate Partner Violence									
Type of Incident	Number of Investigations	Finding of No Violation or Not Responsible	Finding of Responsible & Expulsion	Finding of Responsible & Suspension	Finding of Responsible & Probation/Warning	Number of Findings Appealed	Appeal Outcome			
Sexual Assault	0	0	0	0	0	0	0			
Stalking	0	0	0	0	0	0	0			
Intimate Partner	0	0	0	0	0	0	0			
Violence (IPV)										

Link to the CSCU Student Code of Conduct: http://www.ct.edu/files/policies/5.1%20StudentCodeofConduct.pdf Link to the CSCU Sexual Misconduct Policy:

http://www.ct.edu/files/policies/5.2%20Ssexual%20misconduct%20reporting%20support%20and%20processes.pdf

Connecticut State Colleges and Universities (CSCU)

Title IX Related Training Provided by ASNUNTUCK COMMUNITY COLLEGE/TITLE IX COORDINATOR

January 1, 2020 - December 31, 2020

*Domestic Violence (DoV), Dating Violence (DaV), Sexual Assault (SA), Stalking (S) ** Primary= new employees	s/students ***Ongoing= throughout the year
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DEPARTMENT	DATE	NAME OF PROGRAM	LOCATION	PRESENTER	AUDIENCE	NUMBER IN AUDIENCE	TITLE IX RELATED	WHICH PROHIBITED BEHAVIOR WAS COVERED?*	PRIMARY** OR ONGOING?***	STUDENTS OR EMPLOYEES	LEARNING OBJECTIVES	DOCUMENTS
Title IX Coordinator (Advisor)/Student Services	January 29, 2021	Network and YWCA Tabling	ACC Main Tower Lobby	Annalisa Deal (Network) & Amanda Carrington (YWCA)	All students, faculty, & staff		Yes	DoV, DaV, SA, S	Ongoing	Both	Share information and resoures from both organizations regarding sexual violence with students, faculty, & staff.	Flyers, giveaways
Title IX Coordinator (Advisor)/Student Services	February 11, 2020	TED Talk: "I've lived as a man and woman. Here's what I learned."	Strom Conference Room	Cat Carter, Yhara Zelinka, Diversity Committee members	All students, faculty, & staff		Yes	SA	Ongoing	Both	Presentation about the lived expience of transgender woman, Paula Stone. Learning to understand the experience and challenges of a transgender individual. Discussion and resources follwing video/lunch.	Video and digital flyer
Title IX Coordinator (Advisor)/Student Services	April 29, 2020	Denim Day Virtual Activity	through College's website and social	Annalisa Deal (Network), Yhara Zelinka, and ACC Marketing Committee.	All students, faculty, & staff		Yes	SA	Ongoing	Both	Campaign to bring awareness to victim blaming and myths around sexual violence.	Online, social media campaign
Title IX Coordinator (Advisor)/Student Services	October 5, 2020	Not Anymore Online Sexual Violence Prevention Training	Online training for all new and continuing students	Yhara Zelinka	All new and continuing registered students	1349 (470 completed)	Yes	DoV, DaV, SA, S	Ongoing	Students	Address topics such as consent, healthy/unhealthy relationships, bystander intervnetion, potential warning signs of sexual violence, and where to find resources.	Online training
Title IX Coordinator (Advisor)/Student Services	October 14, 2020	Stay Safe at Home virtual event	Online virtual event	Annalisa Deal (Network) & Amanda Carrington (YWCA)	All students, faculty, & staff		Yes	DoV, DaV, SA, S	Ongoing	Both	Presentation/conversation to discuss how the pandemic changed the dynamics of relationships. How to keep a healthy relationship during COVID. Tips, resources on communication skills and how to help others.	
Title IX Coordinator (Advisor)/Student Services	October 15, 2020	Purple Bags Distribution	On-ground First Year Experience and Manufacturing classes	Annalisa Deal (Network) and Yhara Zelinka	New students enrolled in these on-ground classes	170	Yes	DoV	Ongoing	Both	Distributed 170 purple bags filled with resource information and giveaways from the Network including purple face masks and hand sanitizer.	Flyers, giveaways
Title IX Coordinator (Advisor)/Student Services	October 22, 2020	Purple Thursday Event	Online campaign through College's website and social media platofms	CCADV, Yhara Zelinka	All students, faculty, & staff		Yes	DoV	Ongoing	Both	Campaign that encouraged members of the college community to wear purple and take a selfie to post with #PURPLETHURSDAY to raise awareness about domestic violence	Online, social media campaign